

PROGRAM SUMMARY

- **Credit Hours:** 120 hours
- **Concentrations:** No
- **Declaring the Major:** Declaring the Pre-Kinesiology Major: Minimum GPA of 2.5 required; change of major form accepted year-round; advising session required prior to declaration. Must complete Pre-Kinesiology prerequisite curriculum prior to applying to Upper Division Athletic Training (BS) major. Admissions to Upper Division Athletic Training (BS) major: Minimum Prerequisite GPA of 2.5, completion of 36 hours of coursework, successful completion (grade of C or better) of all Pre-Kinesiology required courses.
- **Advising (For the Major):** Required upon declaration of the pre-major and before application to the Upper Division major; recommended more frequently as needed by the CHHS Advising Center. Advising (Athletic Training major): Athletic Training Program Director or Clinical Coordinator.
- **Advising (For General Education):** Athletic Training Program Director, Clinical Coordinator, or CHHS Advising Center
- **Minimum Grades/GPA:** Minimum grades of C in Pre-Kinesiology prerequisite courses and Athletic Training major courses. Major GPA of 2.5 required for graduation.
- **Teacher Licensure:** No
- **Evening Classes Available:** No
- **Weekend Classes Available:** No
- **Other Information:** No
- **Contact(s):** Dr. Tricia Turner, Athletic Training Program Director, CHHS 468-B, 704-687-0868, thubbar1@uncc.edu

PROGRAM REQUIREMENTS

The Athletic Training Education Program (Upper Division) has a selective admissions process. Students apply during the fall semester of their sophomore year. Admission decisions to the Upper Division Athletic Training major are made by the Athletic Training Admission Committee in the Fall of each academic year for spring admission. Not all applicants who meet the minimum requirements will be admitted. Consistent with University policy, the College offers admission to applicants whose credentials present the best qualifications among those meeting minimum requirements.

Students who have completed all of the Pre-Kinesiology prerequisites may apply for the upper division of the Athletic Training Education Program. Applicants must meet the following minimum academic requirements as well as submit a completed Athletic Training Education Program application packet.

1. Cumulative GPA of 2.5 or better in all college coursework;
2. Completion of 36 hours of coursework;
3. Successful completion of the pre-requisite courses with a "C" or better at the time of application. Please note that applicants who are enrolled in required classes at the time of application may still apply but formal admission will be contingent upon successful completion of those classes prior to the fall semester.
 - KNES 2150 Introduction to Kinesiology
 - KNES 2294 Care and Prevention of Athletic Injuries
 - CHEM 1200 Fundamentals of Chemistry
 - CHEM 1251 Principles of Chemistry
 - CHEM 1251L Principles of Chemistry Lab
 - STAT 1222 Introduction to Statistics
 - BIOL 1110 Principles of Biology
 - KNES 2168 Human Anatomy and Physiology for the Health Professions or BIOL 2273 Human Anatomy and Physiology
 - KNES 2168L Human Anatomy and Physiology for the Health Professions Laboratory or BIOL 2273L Human Anatomy and Physiology Lab
4. Completion of a formal letter of application addressed to Dr. Tricia Turner, Program Director. Applicants should indicate their reasons for applying to the Athletic Training Education Program. Please include a statement of your employment goals upon completion of the B.S. in Athletic Training degree.

5. Completion of the "Athletic Training Education Program Application." Please note that students applying to the program must sign a statement indicating they have read the College of Health and Human Services Technical Standards for Undergraduate Programs, located in the College Student Handbook and in the Athletic Training Student Handbook.
6. Completion of a minimum of 50 hours of observational experience before the end of the fall semester you are applying to the program. These observational hours are set up by the student. Students must observe a certified athletic trainer. The supervising athletic trainer must fill out an evaluation form which must be submitted to the program director. The form can be found on our website: <http://kinesiology.uncc.edu/academic-degrees-and-programs/bs-athletic-training>
7. A student transferring to UNC Charlotte with credit for BIOL 2273 and BIOL 2273L are not required to take BIOL 1110.
8. A student transferring to UNC Charlotte with credit for CHEM 1251 and CHEM 1251L are not required to take CHEM 1200.

Students who are formally accepted into the Athletic Training Education Program (BS in Athletic Training Major) are required to submit the following information prior to beginning their first clinical education rotation:

1. Certificate of liability insurance (purchased by the student)
2. Completed physical exam form that indicates compliance with the Program's technical Standards
3. Proof of current 1st Aid and CPR certification along with Blood Borne Pathogen Training.
4. Proof of required immunizations and TB test results
5. Submit a criminal background check as well as a drug screen

The athletic training program considers application for admission without regard to race, color, national origin, religion, sex, sexual orientation, age or disability.

****Students who earn 2 D or more lower or upper division grades will be removed from the athletic training program****

| Areas | Credit Hours | Description |
|--|--------------|---|
| Pre-Major/ Prerequisites | 20 | Required courses in the pre-major will satisfy General Education requirements for Development of Fundamental Skills of Inquiry and Inquiry in the Sciences. |
| Major | 64 | Required courses also fulfill the General Education Communication Skills requirements (Writing in the Discipline and Oral Communication). |
| General Education <i>(not satisfied by other major requirements)</i> | 24 | This includes the "Themes of Liberal Education for Private and Public Life" (Liberal Studies) |
| Related Work | - | |
| Foreign Language | - | Foreign Language proficiency is not required for this major. |
| Electives | 12 | As needed to complete 120 hours total; depending upon total hours earned in the Athletic Training major. |
| Total Credit Hours | 120 | |

SUGGESTED PLAN OF STUDY

| Freshman Year | | | | | |
|---------------------------------|---|--------------|-------------------|------------|--|
| Course Number | Course Title | Credit Hours | General Education | W/O Course | Notes |
| <i>Fall Semester</i> | | | | | |
| UWRT 1103 | Writing and Inquiry in Academic Contexts (or UWRT 1104) | 3 | X | | |
| CHEM 1200 | Fundamentals of Chemistry | 3 | X | | |
| MATH 1100 | College Algebra and Probability | 3 | X | | |
| LBST 11XX | LBST 1100 Series: Arts and Society | 3 | X | | |
| XXXX XXXX | Social Science for General Education Requirement | 3 | X | | |
| HAHS 1000 | Prospect for Success | 1 | | | This is a required course for all new freshmen in the College of Health and Human Services |
| <i>Spring Semester</i> | | | | | |
| XXXX XXXX | Elective | 3 | | | |
| CHEM 1251 | Principles of Chemistry I | 3 | X | | |
| CHEM 1251L | Principles of Chemistry I Laboratory | 1 | X | | |
| XXXX XXXX | Elective | 3 | | | |
| LBST 2101 or 2102 | Western Cultural and Historical Awareness or Global Intercultural Connections | 3 | X | | Choose one from LBST 2101 or 2102 |
| KNES 2150 | Introduction to Kinesiology | 3 | | | |
| 32 Credit Hours for Year | | | | | |

| Sophomore Year | | | | | |
|---------------------------------|---|--------------|-------------------|------------|-------|
| Course Number | Course Title | Credit Hours | General Education | W/O Course | Notes |
| <i>Fall Semester</i> | | | | | |
| KNES 2168 | Human Anatomy and Physiology for the Health Professions | 3 | | | |
| KNES 2168L | Human Anatomy and Physiology for the Health Professions Laboratory | 1 | | | |
| KNES 2294 | Care and Prevention of Athletic Injuries | 3 | | | |
| STAT 1222 | Introduction to Statistics | 3 | X | | |
| LBST 2214 | Issues of Health and Quality of Life | 3 | X | | |
| LBST 2301 | Critical Thinking and Communication | 3 | X | | |
| <i>Spring Semester</i> | | | | | |
| KNES 2169 | Human Anatomy and Physiology for the Health Professions II | 3 | | | |
| KNES 2169L | Human Anatomy and Physiology for the Health Professions Laboratory II | 1 | | | |
| KNES 2290 | Emergency Medical Response | 3 | | | |
| KNES 2295 | Care and Prevention of Athletic Injuries Laboratory | 1 | | | |
| KNES 2296 | Evidence-Based Practice | 3 | | | |
| KNES 2298 | Applied Kinesiology | 3 | | | |
| 30 Credit Hours for Year | | | | | |

| Junior Year | | | | | |
|---------------------------------|---|--------------|-------------------|------------|-------|
| Course Number | Course Title | Credit Hours | General Education | W/O Course | Notes |
| <i>Fall Semester</i> | | | | | |
| KNES 3260 | Nutrition for the Physically Active | 3 | | | |
| KNES 3280 | Exercise Physiology: Foundation and Theory | 3 | | | |
| KNES 3291 | Therapeutic Modalities | 3 | | | |
| KNES 3292 | Therapeutic Modalities Laboratory | 1 | | | |
| KNES 3290 | Lower Body Injury Evaluation | 3 | | | |
| KNES 3295 | Lower Body Injury Evaluation Laboratory | 1 | | | |
| KNES 3400 | Athletic Training Clinical I | 2 | | | |
| <i>Spring Semester</i> | | | | | |
| KNES 3286 | Exercise Testing: Foundation and Theory | 3 | | | |
| KNES 3286L | Exercise Testing Lab | 1 | | | |
| KNES 3288 | Upper Body Injury Evaluation | 3 | | | |
| KNES 3289 | Upper Body Injury Evaluation Laboratory | 1 | | | |
| KNES 3293 | General Medical and Psychosocial Aspects of Athletic Training | 3 | | | |
| KNES 3298 | Therapeutic Exercise Foundations | 3 | | | |
| KNES 3401 | Athletic Training Clinical II | 2 | | | |
| 32 Credit Hours for Year | | | | | |

| Senior Year | | | | | |
|---------------------------------|--|--------------|-------------------|------------|-------|
| Course Number | Course Title | Credit Hours | General Education | W/O Course | Notes |
| <i>Fall Semester</i> | | | | | |
| KNES 4290 | Therapeutic Exercise | 3 | X | W | |
| KNES 4121 | Pharmacology for the Physically Active | 3 | | | |
| KNES 4293 | Biomechanics | 3 | | | |
| KNES 4400 | Athletic Training Clinical III | 2 | | | |
| XXXX XXXX | Elective | 3 | | | |
| <i>Spring Semester</i> | | | | | |
| KNES 4292 | Organization and Administration of Athletic Training | 3 | X | W,O | |
| KNES 2101 | Foundations of Physical Conditioning | 2 | | | |
| KNES 4401 | Athletic Training Clinical IV | 2 | | | |
| XXXX XXXX | Elective | 3 | | | |
| XXXX XXXX | Elective | 2 | | | |
| 26 Credit Hours for Year | | | | | |

ADVISING RESOURCES

- General Education Requirements for ALL Students: ucol.uncc.edu/general-education
- Undergraduate Catalog: catalog.uncc.edu
- Central Advising website: advising.uncc.edu
- College of Health & Human Services advising website: health.uncc.edu/advising-center
- University Advising Center website: advisingcenter.uncc.edu